



## NUTRIENT INJECTION MENU

Energy Enhancement · Wellness · Mood Support  
Hormone Health · Detox and Weight Loss  
Athletic Performance · Radiance

**WHAT IS A NUTRIENT INJECTION?** A formula of vitamins, minerals, and antioxidants administered via intramuscular injection. Your body absorbs the nutrients easily so you feel the benefits.

**WHAT ARE THE BENEFITS?** Our physician-formulated nutrient injections meet a variety of needs: improved energy levels, mood and hormone balance, enhanced fat metabolism, elevated athletic performance, and more!

### Additions

#### **\$5 Add-ons:**

- B12:** Boost energy, mood, and sleep quality
- L-Carnitine:** Cell food for better energy and improved cell function
- Biotin:** Enhance collagen production and energy
- Vitamin C:** Immune, adrenal, and antioxidant support

#### **\$10 Add-ons:**

- MIC (Methionine Inositol Choline):** Essential amino acids for detoxification, increased calorie burning
- CoQ10:** Antioxidant, fertility, nervous system, and cardiovascular support
- B Complex:** Increase energy, sleep quality, and adrenal function
- Glutathione:** Potent antioxidant, detox, and immune support

We only use the methylated forms of B12 and folate in our nutrient shot formulations. We use lidocaine to make our nutrient shots as comfortable as possible. Please let us know if you are allergic to lidocaine or procaine prior to your service.

# NUTRIENT INJECTION MENU



## ENERGY ENHANCEMENT

### 1. B12 Double Shot: \$30

We start with a double shot so you can have the best results. Improve mood, sleep quality, mental clarity, and energy.

### 2. Be-Supreme: \$40

Super charge with extra B12, plus all the other B vitamins needed to feed cells and increase energy levels. Great boost for those feeling depleted.

### 3. Recharge IM: \$35

Restore energy with a blend of nutrients or get an extra surge when needed.

### 4. Weekend Warrior: \$45

Have your life and your health too: antidote for hangovers, post-festival recovery, and jubilations.

*Add-on: Tryptophan (for serotonin recovery) \$8*

## WELLNESS

### 5. Replenish: \$45

Give your cells optimal nourishment for optimal function. Great mitochondrial, energy, liver, and detox support!

### 6a. Basic Immune Support: \$40

Basic nutrients to build and support your immunity.

### 6b. Immune Support Plus: \$60

Basic immune support with Engystol, a German homeopathic blend.

*Add-on: Glutathione for optimal antioxidant support: \$10*

### 7. Allergy Shot: \$35

Provide allergy relief and stabilize a histamine response.

## MOOD SUPPORT

### 8. Zen Master: \$35

Calm your being and ease your mind.

### 9. Clear Focus: \$58

Improve your mental clarity, lift and alleviate mental fog, or sharpen up before a big day.

### 10. Adapt: \$45

Improve your body's experience and response to stress, panic, and mind racing. Supports and corrects healthy adrenal function.

## HORMONE HEALTH

### 11. Hormone Balance: \$35

Support proper hormone activity, metabolism, and detox processes.

### 12. Strong Woman: \$30

Additional support to be capable, agile, steady, and focused on every day of your cycle.

### 13. Mama Maker: \$58

This two-part injection is great egg- and sperm-quality support to optimize your fertility and preconception goals.

## DETOX AND WEIGHT LOSS

### 14. Detox Support IM: \$40

This two-part injection helps to stimulate the detox process and provides support to cleansing your body of toxins.

### 15. The Sculptor \$62

Speed up fat metabolism, enhance liver performance, and churn out the calories.

## ATHLETIC PERFORMANCE

### 16. Active Body: \$35

Acute support for inflammation and strain.

### 17. Performance Enhancer: \$45

A great boost to give it all you've got, and to get all you want from your workouts.

### 18. Strength Builder, Prolotherapy & Connective Tissue Support: \$50

Restore connective tissue health after injury or strenuous activity. Encourage an optimal prolotherapy treatment response.

## RADIANCE

### 19. Collagen Support (Skin, Nails, and Hair): \$25

Biotin and several B vitamins improve and strengthen collagen.

### 20. Timeless: \$60

This two-part injection therapy is loaded with antioxidants, liver support, cell food, and detox support to keep you looking and feeling great. Safe and beneficial to combine with our "Collagen Support" shot for an optimal outcome.

### 21. Opulence: \$75

A combination of the Collagen Support and Timeless nutrient services for optimal and radiant perennial beauty support.